



# 4th ANNUAL VPD INTERNATIONAL POLICE JUDO CLINIC



**APRIL 28 - MAY 1, 2020 (4 days) from 08:00-16:00**

**VPD TACTICAL TRAINING CENTRE  
2010 Glen Dr, Vancouver, BC V5T 0B1**

This course is approved for reimbursement under the Police Education Found (VPD 542B)  
**VPD INCREMENT COURSE: \$200**  
**OUTSIDE AGENCY COURSE COST: \$500**



**This 4-day training clinic includes classroom presentations as well as hands-on training time in the techniques and tactics of Police Judo.**

**Topics covered include:**

- History of Police Judo
- Research driven U of F training
- Is Your Martial Art Training Prog Designed for LE Needs?
- Police Judo Twist Lock Certification Program
- Functional Physical Drills - Groundwork and Standing
- Active Resistance and the Escort Grip
- Biomechanics of Basic Police Judo Movements
- Biomechanics of Neck restraints
- Overcoming "Gadget Dependence"
- Arm extractions for Law Enforcement
- Turnovers from back and front
- Ground work for law enforcement
- Multiple officer drills
- Linkage drills for control
- Low Risk - High Yield Throws for Law Enforcement

**A Few of the Presenting Guest Instructors:**

- SFU Dr. Garth Davies and VPD Force Options Cst. Aaron Olson  
*Trends in Use of Force: Using Research to Do Better*
- Ret. Insp. Ken Frail  
*Ethical Use of Force Training through Police Judo: Why it Matters*
- VPD Jail S/Cst. Chin-I Hsiang  
*Physical Control Skills for a Confined Environment: Training for the Jail Setting*
- VPD Force Options Sgt. Brad Fawcett  
*Martial Art Training Programs for Law Enforcement: The Good, The Bad, and the Ugly*
- Kamloops Police Judo Black Belt, Dr. John Cleland  
*From Judo Mats to the Law Enforcement Arena: Bridging the Gap with Neck Restraints*
- Police Judo Instructor Ret. Cst. Al Arsenault  
*Police Judo Twist Lock Training and Certification*
- EU Sport Judo Expert Hiroshi Katanishi  
*The Biomechanics of Judo Movement*
- VPD Force Options Sgt. John Roberts  
*Use of Force Reporting*
- Swiss Police Insp. Andre Akribas  
*Police Physical Skills Training: The European Perspective*
- VPD Force Options Ret. Sgt. Toby Hinton  
*Challenging Public Perception on Use of Force*

## REGISTRATION

Online at <http://policejudo.ca/4th-annual-vpd-international-police-judo-clinic>  
Admin / Registration: Tara Dewingaerde at [tara.dewingaerde@vpd.ca](mailto:tara.dewingaerde@vpd.ca) or 604-717-4084  
More information: Ret. Sgt. Toby Hinton [tobinhinton@gmail.com](mailto:tobinhinton@gmail.com)